

American University
ATHLETIC TRAINING

4400 MASSACHUSETTS AVE, NW WASHINGTON, DC 20016-8005
202-885-3034 F 202-885-3041 F 202-885-3101 F Fax: 202-885-1979

MEMORANDUM



TO: All Visiting Athletic Teams
FROM: Sean Dash, Head Athletic Trainer
RE: Available Medical Services

On behalf of the entire American University Athletic Training Staff we would like to welcome you to Washington DC and American University. You may find the following information helpful as you prepare for your visit. The following services and equipment will be available at all home contests:

1. A Certified Athletic Trainer will be in attendance at all home in-season contests except Men's Golf.
2. A Certified Athletic Trainer will be on campus and accessible for all out of season home contests.
3. A Physician will be in attendance at all home Men's and Women's Basketball contests.
4. The following equipment will be available for each contest: Injury ice, water, cups, crutches, splints, spine board, cervical collar and biohazard containers.
5. The Athletic Training room will open two (2) hours before each contest for your pre-game needs. It will remain open at least thirty (30) minutes after the completion of each contest. Moist heat, ultrasound, E-stim, ice and cold whirlpools are available. *If you require the use of a warm whirlpool please contact the appropriate staff member to make this request.*
6. If you are traveling without the services of a Certified Athletic Trainer we will be happy to accommodate your teams needs but request that you call ahead and provide the necessary supplies.
7. If your team is traveling without a Certified Athletic Trainer and will require the use of electrical modalities a letter from a Team Physician or Certified Athletic Trainer is required.
8. American University is located minutes from both Sibley Memorial and Georgetown University hospitals and utilizes both for Emergency Medical Services.

Attached is a list of phone numbers and staff assignments for the 2001-2002 athletic year. Teams covered both home and away are indicated by bold face type beneath the staff member's name. Should you have any questions or concerns please contact the appropriate staff member. If there is anything we can do to assist you during you stay please do not hesitate to ask, we look forward to seeing you this season.

Sincerely,
American University
Athletic Training Staff

American University
ATHLETIC TRAINING

Visiting Team Phone List



American University
David Higgins, MD
Office: (301) 231-7760
Fax: (301) 231-7764

Team Physician

Charles Webb, MD
Pager: (800) 759-8888
ext. 115-1420

Team Physician

Sean Dash
Office: (202) 885-3040
Cell: (410) 353-0454
Home: (301) 592-9492
Sports: **WSC, MBB, MTN, GLF**

Head Athletic Trainer

Portia Resnick, MA, ATC
Office: (202) 885-3041
Home: (703) 566-6069
Sports: **VB, WBB, WTN**

Athletic Trainer

Mike Kotelnicki, MS, ATC
Office: (202) 885-3101
Home: (703) 573-1175
Sports: **MSC, WR, XC/TRK**

Athletic Trainer

Carolynn Salsburg, MS, ATC
Office: (202) 885-3034
Home: (703) 751-8293
Sports: **FH, SWM, WLX**

Athletic Trainer

Eugene Logan
Office: (202) 885-3061

Equipment Manager

Athletic Training Fax:

(202) 885-1979

AU Campus Security:

Non-Emergency: (202) 885-2527
EMS/Ambulance: (202) 885-3636

Other Useful Numbers:

AU Operator: (202) 885-1000
Directions: (202) 885-1170
Facilities: (202) 885-3071
Athletic Fax: (202) 885-3029

American (continued)

Local Medical Providers

AU Student Health Center: (202) 885-3800

AU Counseling Center: (202) 885-3060

Sibley Memorial Hospital:

Main Switchboard: (202) 537-4195

Emergency Room: (202) 537-4080

Georgetown University Hospital:

Main Switchboard: (202) 342-2400

Emergency Room: (202) 784-2119

Suburban Hospital:

Main Switchboard: (301) 896-3100

Emergency Room: (301) 896-3880

Vivian Fraga, MD

Office: (301) 654-2182

OB/GYN

Eye Associates: (202) 686-6700



Army Athletic Training Room Information

2003-2004

United States Military Academy
ODIA Bldg. 639
West Point, NY 10996

The Athletic Training Staff at the United States Military Academy would like to welcome you to West Point. Listed below is some information that you may find helpful during your visit. Teams traveling with certified athletic trainer are welcome to use the modalities in our athletic training facilities. If your team is traveling without an athletic trainer, and require treatment, taping, or other services, please call in us advance. Athletes requesting modalities must present a letter from their team physician or athletic trainer. The following supplies will be provided for visiting teams: ice, water, cups or bottles, crutches, spine board and collar, splints, and OSHA kit. Please feel free to contact us with additional questions or concerns.

<u>Sport</u>	<u>ATC</u>	<u>Facility</u>
Football	Tim Kelly Dana Putnam Robby Vought Marshall Dornink	Michie Stadium
Men's Basketball	Bob Murphy	Holleder Center
Women's Basketball	Sara Wiskow	Holleder Center
Ice Hockey	Tim Kelly	Holleder Center
Men's Soccer	Jay Simala	Clinton Field*
Women's Soccer	Sara Wiskow	Clinton Field*
Sprint Football	Matt Ranalletta	Shea Stadium**
Lacrosse	Dana Putnam	Shea Stadium**
Wrestling	Jason Suby	Holleder Center
Volleyball	Randi Burt	Gillis Fieldhouse
Gymnastics	Jay Simala	Lichtenberg Tennis Center
Swimming	Randi Burt	Arvin Pool**
Softball	Randi Burt	Buffalo Soldier Field**
Baseball	Matt Ranalletta	Doubleday Field*

Track and Field	David Allen	Gillis Fieldhouse
Cross Country	David Allen	USMA Golf Course**
Men's Tennis	Jay Simala	Malek Tennis Center* or Lichtenberg Tennis Center
Women's Tennis	Sara Wiskow	Malek Tennis Center* or Lichtenberg Tennis Center
Rifle	Matt Ranalletta	USMA Rifle Range**
Golf	Jason Suby	USMA Golf Course**

*athletes report to Johnson Stadium for athletic training needs

**contact staff ATC for athletic training needs

<u>Athletic Training Staff</u>			<u>Army Physicians</u>	
Tim Kelly	Head ATC	(845) 938-2174	Head Team Physician	
Dana Putnam	Asoc ATC	(845) 938-2180	Dr. Taylor	(845) 938-6620
David Allen	Ast ATC	(845) 938-2282	Orthopedics	
Robby Vought	Ast ATC	(845) 938-4162	Dr. DeBerardino	(845) 938-6618
Bob Murphy	Ast ATC	(845) 938-2297	Dr. Nelson	(845) 938-6621
Jason Suby	Ast ATC	(845) 938-2393	Dr. Beardmore	(845) 938-8079
Jay Simala	Ast ATC	(845) 938-2171	Podiatry	
Matt Ranalletta	Ast ATC	(845) 938-2041	Dr. Fisch	(845) 938-6616
Sara Wiskow	Ast ATC	(845) 938-4168	Dermatology	
Randi Burt	Ast ATC	(845) 938-2496	Dr. Pierson	(845) 938-6898
Marshall Dornink	Intern	(845) 938-2284		

<u>Athletic Training Facilities</u>		<u>Medical Facilities at USMA</u>	
Johnson Stadium	(845) 938-2747	KACH Emergency Room and Ambulance (845) 938-4004 or 4005	
Michie Stadium	(845) 938-2284		
Holleder Center	(845) 938-8014	KACH Orthopedic Clinic (845) 938-4733	
Gillis Fieldhouse	(845) 938-5688		
Shea Stadium	(845) 938-6141		
Truxton Lacrosse Center	(845) 938-2341		

**For:
Visiting Athletic Trainers
and
University Teams**



**Athletic Training Services
for the
2001 Fall Athletic Schedule
at
Bucknell University**

Welcome to Bucknell University. In preparation for our forthcoming athletic event, please take note of the following information.

PERSONNEL

Head Athletic Trainer

Mark Keppler, MS, ATC

Office phone (570) 577-3255
Stadium phone (570) 577-1443
Home phone (570) 523-7328
Cellular phone (570) 490-3300

Associate Athletic Trainer

Tiffany Lebengood, MS, ATC

Office phone (570) 577-3049
Home phone (570) 523-0890
Cellular phone (570) 850-5263

Assistant Athletic Trainer

John Barrett, MS, ATC

Office phone (570) 577-3046
Cellular phone (570) 490-5970

Assistant Athletic Trainer

Jerry Shreck, ATC

Office phone (570) 577-3061

Graduate Assistant Athletic Trainer

Kristen Lane

Office phone (570) 577-1443

Student Intern Athletic Trainer

Brianne Morith

Office phone (570) 577-3255

Fieldhouse Training Room (570) 577-3255

Stadium Training Room (570) 577-1443

Team Physician:

Don Stechschulte, MD (570) 577-1440

Orthopaedic Consultants:

Sun Orthopaedic Group, Inc. (570) 544-4446

FACILITIES STADIUM: The Stadium Training Room is located on the East side of Christy Mathewson Memorial Stadium. Access to this facility by entering through the door labeled *Bison Football*. The training room will be located immediately to your left. The training room will open 2 ½ hours prior to each home game.

FIELDHOUSE: The Fieldhouse Training Room and treatment area is located on the ground floor of the Fieldhouse, adjacent to the locker room areas. Access to this facility is from the hallway that leads to the women's locker room and racquetball courts. The Fieldhouse training room will open two hours prior to a schedule event, and will close approximately one hour after the event.

SERVICES

Treatments will be limited to athletes accompanied by an athletic trainer or a written prescription from an athletic trainer or team physician. Athletes requesting to be taped must bring sufficient supplies. Please call ahead to make arrangements if an athletic trainer or student trainer is not traveling with your team.

EVENT SUPPLIES

For your convenience, we will provide the following:

1. Taping tables – located in the Fieldhouse Training Room or Visiting Team Locker Rooms.
2. Ice bags
3. Water and Cups
4. Splints and Crutches (home bench)
5. Biohazard Bag and Supplies

VISITING FOOTBALL ATHLETIC TRAINERS

Your sideline set up will consist of four ten gallon coolers of water, 240 lbs. of ice (less during cooler weather), 400 cups, one ice chest filled with ice bags, and one biohazard container. There will also be a hose to refill water as needed.

Advanced emergency care will be provided through the **Evangelical Community Hospital Emergency Room: (570) 522-2000**

COLGATE UNIVERSITY SPORTS MEDICINE
13 Oak Drive
Hamilton, New York 13346
315-228-7569 or 315-228-7578



MEMORANDUM

TO: *All Schools Participating in Intercollegiate Athletics vs Colgate University*

FROM: *Marty Erb, Head Athletic Trainer*

RE: *Personnel Services and Equipment Available at Home Contests and Reciprocal Services*



PERSONNEL SERVICES AND EQUIPMENT AVAILABLE AT HOME CONTESTS

- 1. Athletic Trainer is accessible at all home contests.*
- 2. Team Physician present at varsity football, men's varsity ice hockey, and frequently present at all other contests.*
Dr. Merrill Miller 315-228-7750
- 3. Hospital: Community Memorial Hospital, Hamilton, New York 824-1100*
- 4. Equipment and Supplies at home contest supplied by athletic trainers:*
Ice, water, stretcher, backboard, vacuum splints
First aid supplies upon request
- 5. The Colgate University Athletic Training staff is willing to handle pre-game taping and treatments (except football) providing visiting teams bring their own supplies.*

RECIPROCAL SERVICES FOR ATHLETIC TEAMS

- 1. The following athletic teams will not be traveling with an athletic trainer:*
cross country, track and field, swimming and diving, tennis, golf, rowing, and all JV teams.
- 2. Colgate University Athletic Trainers will contact the host sports medicine staff if any Colgate athletes will require any services.*

COLGATE UNIVERSITY SPORTS MEDICINE
GEYER-CAMPBELL SPORTS MEDICINE CENTER



Personnel

- | | |
|---|-----------------|
| 1. Dr. Merrill Miller, Team Physician | 228-7750 |
| 2. Dr. Ivan Gowan, Orthopedist | 824-1250 |
| 3. Marty Erb, Head Athletic Trainer | 228-7569 |
| 4. Steve Chouinard, Associate Athletic Trainer | 228-7578 |
| 5. Jackie Upton, Assistant Athletic Trainer | 228-6808 |
| 6. Heather Ward, Assistant Athletic Trainer | 228-6807 |
| 7. Brooke Andrews, Intern Athletic Trainer | 228-6809 |
| 8. Kate Rasmussen, Intern Athletic Trainer | 228-6809 |

General Athletic Training Room Rules

- 1. The athletic training room and the professional staff are here to help you regain/maintain 100% efficiency as an athlete. We ask you to keep this in mind when using the facility.*
- 2. The athletic training room is a co-ed facility.*
- 3. The athletic training room is a service area. If you are not in any need of any services, please don't clutter the room with your anatomy.*
- 4. Do not come into the athletic training room after a practice or a game until you have showered and changed. Emergency situations only will be the exception. This rule will be strictly enforced.*

Athletic Training Room Hours

Monday through Friday (academic year) 9:30 am - 11:30 am
1:30 pm - 5:00 pm

Other hours will be arranged as warranted.

Colgate (continued)

Procedures for Reporting Injuries

- 1. All injuries are to be reported to a member of the athletic training staff, preferably at the time of injury.**
- 2. If soreness or pain due to injury occurs after you have departed for the day, you should report that injury to the athletic trainers as soon as possible the next day. Never report an injury just prior to practice - you will receive little sympathy.**
- 3. The athletic trainer will outline the appropriate treatment program, or make the physician referral if necessary.**
- 4. If you seek treatment/evaluation on your own, all aspects of that adventure become your responsibility (including financial).**

Health Services

- 1. The University Health Services and the athletic training room work cooperatively to provide health care for Colgate athletes.*
- 2. All illnesses (flu, cold, etc) are to be reported to the Health Services so that the appropriate treatment may be initiated. However, it is your responsibility as a team member to also inform the athletic training staff of your status.**
- 3. Health Service Hours (call for appt. at 228-7750)**

Monday thru Friday
Saturday, Sunday

8:30 am - 5:30 pm
Noon - 4:00 pm



Colgate (continued)



Treatment / Modalities

- 1. Under no conditions will therapy equipment be used without an athletic trainer in attendance.*
- 2. All therapy programs will be developed by the athletic trainers.*
- 3. Never use a piece of therapy equipment without first checking with the athletic trainers.*
- 4. If you are using the whirlpool, dry yourself thoroughly before entering the main area of the athletic training room.*
- 5. Return hydrocollator pac covers to their resting place at the machines. Pacs are NOT to be removed from the training room.*
- 6. Schedule your treatments either in the morning or the early afternoon. The hour just prior to practice is reserved for specific pre-practice preparation.*

Additional Items of Note

- 1. Each piece of equipment in the athletic training room has a specific purpose. Do not allow yourself to PLAY with the equipment. They are to be used by those who need them.*
- 2. Elastic bandages must be returned to the athletic training room. We will wash and reroll the bandage for the next usage.*
- 3. Do not put your hands in the ice machine. Please use the scoops.*
- 4. Avoid injury, and all the above is unnecessary.*

COLLEGE OF THE HOLY CROSS SPORTS MEDICINE



Hart Center Athletic Training Room

PHONE:

(508) 793-2627

FAX:

(508) 793-2229

Director of Sports Medicine

Head Athletic Trainer

Anthony Cerundolo, ATC

PHONE: (O) (508) 793-2644

(508) 793-2627

E-MAIL: acerundolo@holycross.edu

Assistant Athletic Trainer

Dave Maclutsky, ATC

PHONE: (O) (508) 793-2627

E-MAIL: dmacluts@holycross.edu

Assistant Athletic Trainer

Michelle Devan, ATC

PHONE: (O) (508) 793-2627

E-MAIL: mdevan@holycross.edu

Hospitals

Worcester Medical Center

PHONE: (508) 363-5000

Emergency: (508) 363-6025

UMASS Memorial Medical Center

PHONE: (508) 334-1000

Emergency: (508) 334-6481

Emergency (off campus)

PHONE: 911

Emergency (on campus)

Campus Police

PHONE: (508) 793-2222

Holy Cross (continued)

2001-2002 Sports Medicine Home Event Management

1. A certified athletic trainer will be on site for the following sports during the regular season:

Football (V and JV)	M/W Ice Hockey	Volleyball
M/W Soccer	M/W Lacrosse	M/W Track and Field
Field Hockey	Baseball	
M/W Basketball	Softball	

2. A certified athletic trainer or EMT will be available for M/W tennis, M/W swimming and diving and also at contests at Holy Cross during the non-traditional seasons for the above mentioned sports.
3. A team physician will be present at football (V and JV) and men's ice hockey games.
4. Water, cups and ice will be provided on the sidelines. Hydroculators, ice, EMS, ultrasound and whirlpools will be available for use in the athletic training room.
5. If you cannot send an athletic trainer or student athletic trainer with your team, please notify us prior to your arrival. We will accomplish all standard taping and wrappings. Requests for other modalities must be in writing from an athletic trainer or team physician.



Holy Cross (continued)



Directions to Area Hospitals from Holy Cross Hart Center

Worcester Medical Center: Go to bottom of hill and at lights take right onto I-290 East. Take exit 16 and turn left at lights at the bottom of ramp. Proceed through underpass and through 2 sets of lights (hospital entrance is on left) and go under another underpass. At next set of lights (Worcester Centrum is on your left) take left and Emergency Room entrance will be on your left.

UMASS Memorial Medical Center: Go to bottom of hill and at lights take right onto I-290 East. Take Exit 17 and take a right at set of lights at the bottom of the ramp. Go through 1 set of lights, proceed approximately 1 block and hospital is on your left. Follow signs for Emergency Room.

DIRECTIONS TO HOLY CROSS

From the East and West (Boston, Hartford and New York)

Massachusetts Turnpike I-90. Take Exit 10 to I-290 East toward Worcester. Take Exit 11 (College Square/Southbridge Street) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (**before** the traffic light) onto College Street. **Go up the hill and enter the last gate on the left, Gate 7.** The Hogan Campus Center is the second building on the left with the large silver cross on it. **Visitor parking** is to the right of the Campus Center. [MapQuest](#) may provide door-to-door driving instructions.

From the North

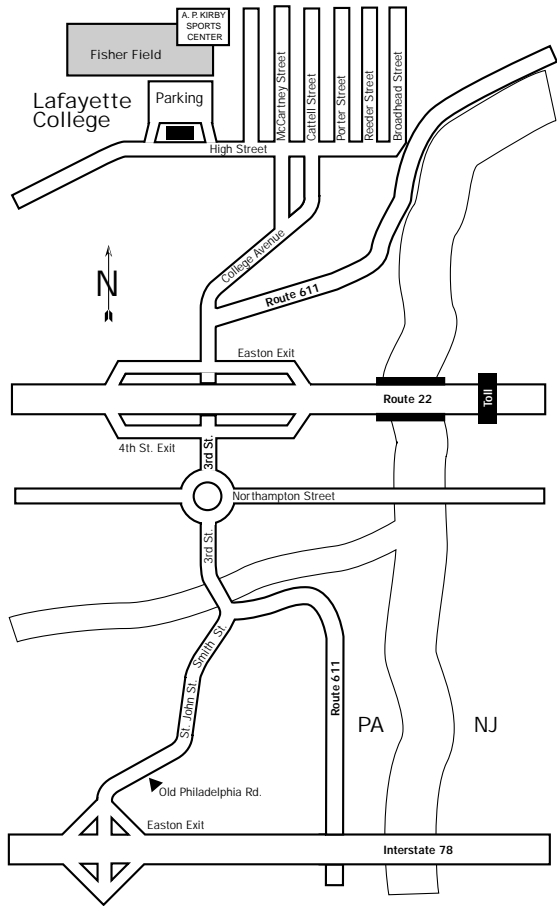
I-495 South to I-290 West, Exit 25B. From I-290 West take Exit 11 to College Square, Southbridge Street. Bear left coming off the ramp onto Southbridge Street. Take the first right (**before** the traffic light) onto College Street. **Go up the hill and enter the last gate on the left, Gate 7.** The Hogan Campus Center is the second building on the left with the large silver cross on it. **Visitor parking** is to the right of the Campus Center. [MapQuest](#) may provide door-to-door driving instructions.

From the Southeast

I-495 North to Massachusetts Turnpike I-90. Take Exit 10 to I-290 East toward Worcester. Take Exit 11 (College Square/Southbridge Street) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (**before** the traffic light) onto College Street. **Go up the hill and enter the last gate on the left, Gate 7.** The Hogan Campus Center is the second building on the left with the large silver cross on it. **Visitor parking** is to the right of the Campus Center. [MapQuest](#) may provide door-to-door driving instructions.

From the South (Providence, Rhode Island)

Route 146 North to Auburn. Route 20 West to I-290 East to Worcester. Take Exit 11 (College Square/Southbridge Street) off I-290. Cross over to the right lane immediately after coming off the ramp to College Square. Take the first right (**before** the traffic light) onto College Street. **Go up the hill and enter the last gate on the left, Gate 7.** The Hogan Campus Center is the second building on the left with the large silver cross on it. **Visitor parking** is to the right of the Campus Center. [MapQuest](#) may provide door-to-door driving instructions.



Travelling to Metzgar Fields

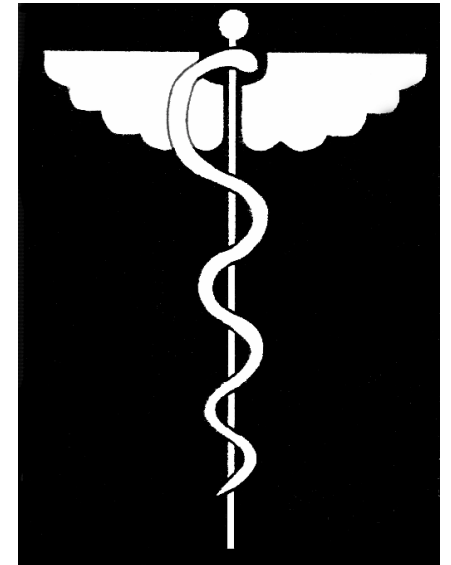
From campus, take Cattell St. (one block east of campus) north as it winds around and turns into Sullivan Trail. The fields are located on Sullivan Trail on the left side of the road. A parking lot is located inside the main gate.

From Route 33, take the Stockertown exit onto Main St. Take Main St. eastward as it turns into Sullivan Trail. The Metzgar Fields complex is located on the right side of Sullivan Trail, about 2.5 miles from the Stockertown exit.

**Lafayette College Sports Medicine
Kirby Sports Center
Easton, PA 18042**

LAFAYETTE

Sports Medicine



Visiting Team Medical Contact Information

Lafayette Sports Medicine Staff

Dr. Jeff Goldstein, Director of Health Services
610-330-5001

Dr. Carl Weiss, Team Surgeon
610-861-8080

Dr. Nancy Lembo, Team Physiatrist
610-861-8080

Dr. Ray McCaroll, Team Podiatrist
610-861-8080

Dr. Lisa Muff, Team Dentist
610-559-8001

Dr. Michael Horowski, Team Dentist
610-253-6052

Note: (610) area code must be used when dialing locally

Matt Bayly, Head Athletic Trainer

Office: 610-330-5766
Cell: 610-442-9983

Dawn Schleiden, Associate Athletic Trainer

Office: 610-330-5697
Cell: 610-442-9984

Stephanie Conley, Assistant Athletic Trainer

Office: 610-330-5836
Cell: 610-442-9985

Andee Peabody, Athletic Trainer, Intern

Office: 610-330-5491
Cell: 610-442-9986

Kirby Sports Center Training Room
610-330-5491

Office Fax: (please call ahead)
610-330-5697

Metzgar Fields Athletic Training Room
610-258-3642

Campus Security:
610-330-5330

Local Hospitals

Easton 610-250-4000

Muhlenberg 610-884-2200
(Bethlehem)

St. Luke's 610-954-4000
(Bethlehem)

Warren 908-859-6700
(Phillipsburg, N.J.)

All Emergencies: **911** is operational from all areas.

Event Locations

Most fall and spring sport contests are held at the Metzgar Fields Complex, with the following exceptions:

- Varsity football games are held on campus at Fisher Field.
- Outdoor track running, jumping and throwing events are held at Fisher Field.
- Outdoor track weight events are held at the Metzgar Fields Complex
- Volleyball and all winter sports contests are held in Kirby Sports Center on campus.

Staffing Needs

If your teams are traveling without an ATC, please call ahead to coordinate care for your athletes. This is particularly important for the teams practicing at Lafayette facilities needing staff medical coverage.

Supplies

Ice, water, ice bags, and biohazard waste containers will be provided during the event.

Lightning Policy

Lafayette Athletics has adopted the NATA & Patriot League Lightning Policy and expects its opponents and any representative of their institutions to respect any decisions made with the athletes' welfare in mind.

Local Takeout

Easton

Morici's Pizza & Subs
610-253-6257

Josie's Deli
610-252-5081

Domino's
610-258-7100

Pizza D'oro
610-253-5533

Bethlehem

Goosey Gander Deli
610-791-5333



LEHIGH ATHLETICS

Department of Sports Medicine
641 Taylor Street
Bethlehem, PA 18015-3187
Tel. (610) 758-4311
Fax: (610) 758-6629

MEMORANDUM

TO: All Visiting Athletic Teams
FROM: Lehigh University Sports Medicine
RE: 2003 – 2004 Sports Medicine Event Management
DATE: August 13, 2003

Personnel:

Jack Foley, ATC	Director of Sports Medicine	610-758-4332
Tim Doane, ATC	Head Athletic Trainer	610-758-6301
Jamie Engel, ATC	Assistant Athletic Trainer	610-758-4335
Jason Jarinko, ATC	Assistant Athletic Trainer	610-758-6303
Andrea Legg, ATC	Assistant Athletic Trainer	610-758-5649
Dr. Emil DiIorio	Team Physician (Orthopaedic)	610-861-8080
Dr. Susan Kitei	Director of Health Center	610-758-3870

Lehigh University Sports Medicine would like to offer our services to you and your teams. Below you will find a listing of each sport (by season), detailing the Sports Medicine contact person and facilities for each. We hope you find this information useful and ask that you please share it with the coaching staffs of teams that will be traveling unattended.

Each contest site will be equipped with water, injury ice, biohazard disposal and all necessary emergency equipment (i.e. crutches, immobilizers, spine board, phone, access to ambulance, etc). There will be a certified athletic trainer on site for all contests. Athletic training room facilities will be available 1 1/2 hours before the contest unless otherwise specified.

Please call ahead if your team will be traveling unattended. No modality treatments will be provided without prior notice, and no athletic training students may administer modality treatments. Please have your team travel with a stocked medical kit when possible.

In the event of a serious injury, x-ray facilities are located at nearby St. Luke's Hospital Emergency Room (5-10 minutes depending on traffic). Our team physician will assist in expediting emergency room care by placing a phone call to the emergency room prior to your arrival, if needed. For emergency situations, an ambulance will be available for transportation to St. Luke's Hospital. Visiting team non-emergency transportation (with the exception of football games) will be the responsibility of that institution. Please refer to the specific sport information below for a description of ambulance coverage.

Thank you in advance for your cooperation, and we look forward to your visit to Lehigh!

FALL SEASON

Cross Country: All meets are held on Goodman Campus. Visiting team locker rooms and Athletic Training Room are located in Goodman Football Stadium. For larger meets, we will have a Sports Medicine Tent equipped to handle most modality and taping requests. An ambulance will be available on-site for emergency transportation if the event involves 4 or more teams. For those events not including 4 or more teams, an ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.

Athletic Training Room 610-758-4918 (Goodman Stadium)
Contact ATC Jason Jarinko/TBD

Football: Game day locker rooms and Athletic Training Room are located in Goodman Football Stadium. Practice facilities are located in the Varsity House. An emergency phone number list will be provided for each visiting team's sports medicine staff prior to the start of competition. An ambulance will be available on-site for all transportation needs to and from St. Luke's Hospital Emergency Room during the football game.

Athletic Training Room 610-758-4918 (Goodman Stadium)
610-758-6853 (Varsity House)
Contact ATC Tim Doane/Jamie Engel

M/W Soccer: Locker Rooms and Athletic Training Room are located in the Goodman Football Stadium. Game field for both M/W Soccer is approximately 1/3 mile southwest across from Rauch Field House at the Dual Field Complex. An ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.

Athletic Training Room 610-758-4918 (Goodman Stadium)
Contact ATC Jason Jarinko

Field Hockey: Locker Rooms and Athletic Training Room are located in the Varsity House. Game field for Field Hockey is across from Rauch Field House at the Dual Field Complex. An ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.

Athletic Training Room 610-758-4918 (Goodman Stadium)
Contact ATC Jason Jarinko

Volleyball: All games (except major tournaments) will be held in Taylor Gym on Packer Campus. Treatments and taping may be conducted in the Taylor Gym Athletic Training Room, which is located just inside the far-left (North) entrance to Taylor Gym (look for the SM awning). An ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.

Athletic Training Room 610-758-4311 (Taylor Gym)
Contact ATC TBD

WINTER SEASON

Indoor T&F: Athletic Training Area located in Rauch Field House, adjacent to Finish line. Services limited to hot packs, ultrasound, ice, first aid, and taping. No whirlpools are available in this facility. An ambulance will be available on-site for emergency transportation if the event includes pole vaulting. For those events not including pole vaulting, an ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.

Athletic Training Room 610-758-6853 (Varsity House)
610-758-3395 (Rauch Field House)

Contact ATC Jamie Engel

Wrestling: Matches held in Grace Hall on Packer Campus and Stabler Arena on Goodman Campus. If in Grace Hall, locker rooms are located in this building, however, there will be limited athletic training facilities. Treatments may be accomplished in the Taylor Gym Athletic Training Room, which is located just inside the far-left (North) entrance to Taylor Gym (look for SM awning). If in Stabler, there is a taping area in locker room and a small satellite athletic training room if needed. No whirlpools are available in this facility. An ambulance will be available on-site for emergency transportation.

Athletic Training Room 610-758-4322 (Stabler Arena)
610-758-4311 (Taylor Gym)

Contact ATC Jack Foley/Jason Jarinko

M/W Basketball: Games held in Stabler Arena on Goodman Campus. There is a small athletic training room and taping area in locker room available. No whirlpools are available in this facility. An ambulance will be available on-site for emergency transportation.

Athletic Training Room 610-758-4322 (Stabler Arena)

Contact ATC Tim Doane/Andrea Legg

M/W Swimming: All matches held in Jacobs Pool located in Taylor Gym on Packer Campus. Locker rooms and athletic training room available adjacent to pool. An ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.

Athletic Training Room 610-758-4311 (Taylor Gym)

Contact ATC TBD

SPRING SEASON

**Baseball/Softball/
W. Lacrosse:** Visiting team locker rooms are located at Goodman Football Stadium. The Athletic Training Room is located at the Varsity House, which is located approximately 1/3 mile west of the Stadium. Athletic trainer will be available 2 hours prior to game start for any taping needs. An ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.

Athletic Training Room 610-758-6853 (Varsity House)

Contact ATC Jason Jarinko

M. Lacrosse: Visiting team locker rooms are located at Goodman Football Stadium. The Athletic Training Room is located at the Varsity House, which is located approximately 1/3 mile west of the Stadium. Game field for Men's Lacrosse is across from Rauch Field House at the Dual Field Complex. An ambulance will be available on-site for emergency transportation.
Athletic Training Room 610-758-6853 (Varsity House)
Contact ATC TBD

Outdoor T&F: Visiting team locker rooms are located in Goodman Football Stadium. Sports Medicine Tent equipped with all necessary first aid supplies, hot packs, Ultrasound, injury ice and taping supplies. No whirlpools are available unless special arrangements are made in advance. An ambulance will be available on-site for emergency transportation if the event includes pole vaulting. For those events not including pole vaulting, an ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.
Athletic Training Room 610-758-6853 (Varsity House)
Contact ATC Jamie Engel

M/W Tennis: Locker Rooms are located in the Lewis Tennis Center, adjacent to the outdoor tennis courts. There are no athletic training room facilities in this building. The athletic trainer will be available one hour prior to competition start for any taping needs. Treatment requests must be made in advance, as special arrangements will be made, if possible. An ambulance will be available on-call through Lehigh's Sports Medicine Staff via campus police in the event that emergency transportation is needed.
Athletic Training Room 610-758-6853 (Varsity House)
Contact ATC Jason Jarinko

(Note: Limited Sports Medicine Services will be available for Patriot League Tournaments)

NAVY ATHLETIC TRAINING

On behalf of the entire Athletic Training Staff at the United States Naval Academy, we would like to welcome you to Annapolis. You may find the following information helpful as you prepare for your visit. Please feel free to contact the appropriate staff member if you have any questions or concerns or visit our web site at: www.navysports.com

ATHLETIC TRAINING STAFF: Director of Athletic Training Services

Jeff Fair, EdD, ATC

Staff Athletic Trainers

Ray Chronister, ATC

Dee Jones, MS, ATC

Joseph English, MS, ATC

Loren Shipley, MS, ATC

Gregg Calhoon, MS, ATC

Michael Nagro, MS, ATC

Daniel King, MS, ATC

Amanda Helmprecht, ATC

John Vance, MS, ATC (Intern)

Eric Richardson, ATC (Intern)

MEDICAL STAFF:

Capt. Marlene Demaio, MD

Cmdr. Jimmy Bowen, MD

Cmdr. Kevin Ronan, MD

Cmdr. Michael Jacobs, MD

Lt. Cmdr. Scott Pyne, MD

Lt. Cmdr. Roy Carls, MD

Capt. Peter Siedenberg, MD

ATHLETIC TRAINING SERVICES

Navy Athletic Trainers and Team Physicians will be available in accordance with NCAA guidelines. Teams traveling with an athletic trainer are welcome to use the modalities in our facilities. If your team is traveling without an athletic trainer or if you have any special needs, please call us in advance to apprise us of the situation. Athletes requesting therapeutic modalities must present a letter from their physician or athletic trainer. Please supply tape for your athletes.

The following equipment will be available at your event or contest: ice, water, cups or water bottles, crutches, splints, spine boards & collar, and biohazard containers.

ANNE ARUNDEL MEDICAL CENTER:

Located approximately one mile from USNA's main entrance (Gate One), this facility is available to all visiting teams.

Main Switchboard.....(443) 481-1000

Patient Information(443) 481-4800

Emergency Room(443) 481-1200

FACILITIES:

RICKETTS HALL

Football & Wrestling

Phone.....(410) 293-3828 Ext. 154

Fax.....(410) 293-8956

NAVY-MARINE CORPS STADIUM

Football

Home Athletic Training Room.....(410) 263-1284

Visitor's Athletic Training Room(410) 263-1283

Press Box.....(410) 263-1489

MACDONOUGH HALL

Boxing, Gymnastics, Outdoor Track, Lacrosse, Sprint Football, Women's Volleyball Water Polo, Crew

Phone.....(410) 293-4486

Fax.....(410) 293-2726

ALUMNI HALL

Men's & Women's Basketball

Phone.....(410) 293-3685

Phone.....(410) 293-2627

Fax.....(410) 268-6814

HALSEY FIELD HOUSE

Men's & Women's Basketball, Cross Country, Indoor Track

Phone.....(410) 293-5597

Fax.....(410) 268-6814

MAX BISHOP STADIUM

Baseball

Phone.....(410) 293-5435

Press Box.....(410) 293-5431

LEJEUNE HALL

Swimming & Diving, Wrestling

Athletic Training Room.....(410) 293-4519

Pool Deck.....(410) 293-5835

GLENN WARNER

Men's & Women's Soccer

Phone.....(410) 293-3150