

AQUACAT SWIM CLINIC

AT THE UNIVERSITY OF ARIZONA

2008



JUNE 9-13 & JUNE 16-20 & JUNE 23-27

LEARN SKILLS AND DRILLS FROM THE UNIVERSITY OF ARIZONA
SWIMMING COACHES IN EVERY STROKE.

11:30 AM to 1:30 PM at Hillenbrand Aquatic Center at the University of Arizona
ONLY THE FIRST 40 SWIMMERS EACH SESSION WILL BE ACCEPTED

CALL or EMAIL GREG RHODENBAUGH AT 520-621-8344; rhodenba@u.arizona.edu
SEND \$120.00 TO AQUACATS SWIM CLINIC, MCKALE CENTER ROOM 210, TUCSON, AZ 85721

AQUACATS SWIM CLINIC

ALL YOU SAAA SWIMMERS 7 TO 16 YEARS OLD
GET A HEAD START ON YOUR COMPETITION
40 SPOTS OPEN FOR EACH SESSION

COME LEARN FROM SOME OF THE BEST COLLEGE COACHES IN AMERICA AT THE HILLENBRAND AQUATICS CENTER
COACHES OF THE 2008 NCAA CHAMPION WILDCAT SWIMMING TEAM

CAMP STAFF:

GREG RHODENBAUGH UNIVERSITY OF ARIZONA SWIM COACH
NATIONAL CHAMPION
COACH OF MANY NCAA CHAMPIONS AND RECORD HOLDERS
COACH OF OLYMPIC GOLD MEDALISTS
COACH OF WORLD RECORD HOLDERS

TIME: 11:30 AM TO 1:30 PM

**DATES: JUNE 9-13 SESSION I
JUNE 16-20 SESSION II
JUNE 23-27 SESSION III**

AUGIE BUSCH UNIVERSITY OF ARIZONA SWIM COACH
COACH OF NCAA CHAMPION AND RECORD HOLDER
FORMER HEAD SAAA COACH
FORMER HEAD SWIMMING COACH AT SALPOINT HIGH SCHOOL

COST: \$120.00

SIGN UP: OR QUESTIONS

**CALL GREG RHODENBAUGH AT 520-621-8344 OR
E-MAIL AT rhodenba@arizona.edu**

**MAKE CHECKS PAYABLE TO: AQUACATS
MAIL TO: MCKALE MEMORIAL CENTER #210
TUCSON, AZ 85721-0096**

EQUIPMENT:

SUITS AND GOGGLES
TOWEL
SUN SCREEN
SWIM FINS (TYR, WATER GEAR, VOIT) (SOFT RUBBER, NOT HARD PLASTIC)
ALL OTHER EQUIPMENT WILL BE SUPPLIED

FORMAT:

EACH DAY WILL START WITH A STROKE CLINIC ON EACH STROKE.
THE LAST HOUR AND ONE HALF WILL BE IN THE WATER INSTRUCTION.
FRIDAY WILL BE AN ALL NEW SPECIAL START AND TURN CLINIC.

The AquaCat Swim Clinic is perfect for young year round swimmers and all summer league swimmers that want to improve their technique to become faster and more competitive swimmers. It is staffed by The University of Arizona swim coaches that have developed Olympic Gold medalists and World record holders, NCAA Champions and record holders, and National Champions and American record holders. It will also be staffed by former NCAA record holders and champions from the University of Arizona.